�t v?n ?? H?i ch?ng Stevens-Johnson l�ph?n ?ng c�h?i tr� da, hi?m g?p nh?ng nguy hi?m c?a thu?c. �c tr?ng c?a h?i ch?ng Stevens�Johnson l�lo c? h?c t? nhi (th??ng g?p ? m?t v�mi?ng) v?c?nhi?u d?ng t?n th??ng da: b?ng n??c, di?n t?h da t?n th??ng <10% di?n t?h da c? th?, c?th? k? theo t?n th??ng gan th?n, th? n?ng c?th? g? t? vong [1]. C?nhi?u y?u t? ???c cho l?nguy? nh? g? ra h?i ch?ng Stevens-Johnson nh? virus, k? sinh tr?ng s?t r?? ho?c do thu?c. N?m 2010, Trung t? Qu?c gia v? Th?g tin thu?c v?Theo d? ph?n ?ng c?h?i c?a thu?c ??nh?n ???c 4 b? c? t? c? c? s? kh?, ch?a b?nh v? h?i ch?ng Stevens-Johnson c?li? quan ??n carbamazepin. C? b?nh nh? n? ???c ch? ??nh carbamazepin ?? ?i?u tr? ?au d? th?n kinh tam thoa ho?c ?i?u tr? ??ng kinh. C? b?nh nh? khi nh?p vi?n c?bi?u hi?n chung l?m?n ng?a, lo? tr?t ? mi?ng, m?t, m?i hay c? quan sinh d?c. Hai trong 4 b?nh nh? c?xu?t hi?n b?ng n??c tr? da. Ba trong 4 b? c? ???c c? chuy? gia k?t lu?n ch?c ch?n r?ng h?i ch?ng Stevens-Johnson l?ph?n ?ng c?h?i li? quan ??n carbamazepin. Trong y v?n, h?i ch?ng Stevens-Johnson ???c ?? c?p nh? m?t ph?n ?ng c?h?i tr? da c?a carbamazepin [2]. M?t tr??ng h?p ?i?n h?h ???c m?t? l?b?nh nh? nam, 6 tu?i, b? ??ng kinh. Sau v? tu?n ?i?u tr? b?ng acid valproic, b?nh nh? ???c ch? ??nh b? sung carbamazepin. H?i ch?ng Stevens-Johnson xu?t hi?n sau 5 tu?n d?ng k?t h?p 2 thu?c. Khi ng?ng s? d?ng carbamazepin, h?i ch?ng Stevens-Johnson ?tho? lui, do ?acid valproic v?n ???c ch? ??nh ti?p cho b?nh nh? [3]. C? b? c? ??c l?p c?ng cho th?y carbamazepin v?phenobarbital l?nguy? nh? g? ra h?i ch?ng Stevens-Johnson ? nh?ng b?nh nh? ???c ?i?u tr? b?ng tia x? [4]. Theo s? li?u ???c ph? t?h t? c? s? d? li?u l?u tr? ph?n ?ng c?h?i c?a T? ch?c Y t? th? gi?i WHO, t? n?m 2000 ??n n?m 2011 c?1377 ca b? c? li? quan ??n h?i ch?ng Stevens-Johnson v?carbamazepin tr? to? th? gi?i. Ri?g n?m 2011, s? b? c? ???c ghi nh?n l?342 ca, cao nh?t trong t?t c? c? n?m, t?ng ?? g k? h?n so v?i 2 n?m tr??c ?(195 b? c? n?m 2010 v?109 b? c? n?m 2009). Y?u t? nguy c? xu?t hi?n h?i ch?ng Stevens-Johnson khi s? d?ng carbamazepin Nguy c? x?y ra h?i ch?ng Stevens-Johnson t?ng ?? g k? ? nh?ng b?nh nh? c?gen HLA-B*1502, h?u nh? ch? xu?t hi?n ? ng??i g?c ch? ? Nh?ng b?nh nh? n? ???c khuy?n c? x? nghi?m gen tr??c khi b?t ??u d?ng carbamazepin.
 Tuy nhi?, h?i ch?ng Stevens-Johnson v?n c?nguy c? x?y ra ? b?nh nh? kh?g c?gen HLA-B*1502, d? nguy c? n? th?p [5]. Vi?t Nam n?m trong nh? c? n??c ch? ?c?nguy c? cao xu?t hi?n h?i ch?ng Stevens-Johnson ? b?nh nh?. Vi?c ti?n h?h x? nghi?m gen cho b?nh nh? tr??c khi ch? ??nh carbamazepin ch?a kh? thi trong ?i?u ki?n hi?n t?i. ? gi?m thi?u h?u qu? c?a h?i ch?ng Stevens-Johnson c?th? x?y ra do <br /> carbamazepin v?thu?c n? chung, b?nh nh? c?n ???c t? v?n ?? c?th?: - Bi?t c?h nh?n bi?t c? d?u hi?u s?m c?a h?i ch?ng Stevens-Johnson ?? t? theo d? trong qu?tr?h ?i?u tr?. - Kh?g t? ? d?ng thu?c khi ch?a c?h??ng d?n c?a b? s?, d??c s?. - Khi ph? hi?n b?t th??ng khi d?ng thu?c, c?n th?g b? ngay cho b? s?, d??c s? ?? ???c h??ng d?n v?x? tr?k?p th?i. X? tr?khi xu?t hi?n h?i ch?ng Stevens-Johnson trong qu?tr?h ?i?u tr? b?ng carbamazepin <ul style="text-align: justify;"> Ng?ng s? d?ng carbamazepin. B? n??c, ?i?n gi?i, dinh d??ng, ch?ng nhi?m tr?ng. - B? n??c: truy?n dung d?ch glucose 5%, Lactate Ringer hay natri clorid 0,9% t? 500 - 2000ml/ng?, th??ng trong 5 - 7 ng?. - B? ?i?n

gi?i d?a theo ?i?n gi?i ??. - Dinh d??ng: b? sung dinh d??ng qua ???ng mi?ng ho?c qua sonde m?i - th?c qu?n - d? d□ (n?u ch?a lo□ tr?t ???ng ti□ h□); ho?c truy?n plasma t??i, albumin, lipovenoes (??m, m?) ??n khi r?i lo?n dinh d??ng ?□???c c?i thi?n. - Ch?ng nhi?m tr□ng: + Ch?ng nhi?m tr□ng t?i ch?: Ch?m s□ da: tr□h l□ tu?t da b?nh nh□, thay v?i tr?i gi??ng h□g ng□. V? sinh da b?ng thu?c s□ tr□ng t?i ch? (nitrat b?c 0,5%, <br /> clorhexidin 0,05%). B?ng b□b?ng g?c v?i m? citrat b?c, polyvidon iod hay c□ hydrogel. B□ dung d?ch Castellani ho?c xanh methylen v□ nh?ng v□ng da b? lo□ tr?t. Ch?m s□ m?t: kh□ m?t th??ng xuy□. D□ng ??u d?t c?a ??a th?y tinh ?? t□h 2 m□m?t th??ng xuy□ khi b? lo□, d□h mi m?t. R?a m?t nhi?u l?n h□g ng□ b?ng n??c m?t nh□ t?o ho?c dung d?ch natri clorid 0,9%. V? sinh c□ h?c t? nhi□ h□g ng□ b?ng dung d?ch natri clorid 0,9%. + Ch?ng nhi?m tr□ng to□ th□: th??ng d□ng kh□g sinh □ g□ d? ?ng nh? h? macrolid. <ul style="text-align: justify;"> □?u tr? d? ?ng thu?c (th??ng d□ng glucocorticoid v□thu?c kh□g histamin H1). - Glucocorticoid: + Li?u ban ??u 1-3 mg/kg/24 gi?: Methylprednisolon (Solu-Medrol) 40mg ho?c Depersolon 30mg ti□ t?nh m?ch 2-4 ?ng/ng□ trong 3-5 ng□ ??u. Sau ?□d□ng methylprednisolon (Medrol) 16mg d?ng u?ng 2 vi□/ng□ trong 3-5 ng□. + Tr??ng h?p b?nh r?t n?ng c□t?n th??ng n□, tim m?ch, suy ?a ph? t?ng□ d□ng <br /> methylprednisolon 500-1000mg, pha d?ch truy?n dung d?ch natri clorid 0,9% 250ml (ho?c glucose 5% 250ml), truy?n t?nh m?ch XXX gi?t/ph□t x 3 ng□. Sau ?□gi?m li?u (1-3 mg/kg/24 gi?): Methylprednisolon 40mg (Solu-Medrol) ho?c Depersolon 30mg ti□ t?nh m?ch 2-4 ?ng/ng□ trong 3-5 ng□. Cu?i c□ng s? d?ng methylprednisolon (Medrol) 16mg d?ng u?ng 2 vi□/ng□ trong 3-5 ng□. - Kh□g histamin H1: ban ??u ti□ b?p dimedrol 10mg x 2-4 ?ng/ng□ trong 3-5 ng□ do c□t?n th??ng ni□ m?c mi?ng v□???ng ti□ h□. Sau ?□chuy?n sang d?ng u?ng: levocetirizin 5mg (Xyzal) ho?c desloratadin 5mg (Aerius), fexofenadin 180mg (Telfast), loratadin 10mg (Clarityn), cetirizin 10mg (Zyrtec)□ u?ng 1 vi□/ng□ trong 3-5 ng□ [6]. K?t lu?n H?i ch?ng Stevens-Johnson l□ph?n ?ng c□h?i tr□ da c?a carbamazepin tuy hi?m g?p nh?ng nghi□ tr?ng v□c□th? g□ t? vong cho b?nh nh□. Vi?c ph□ hi?n s?m v□x? tr□k?p th?i ?□g vai tr□quy?t ??nh ??n ti□ l??ng v□k?t qu? ?i?u tr? c?a b?nh nh□. B□ s? n□ t? v?n k? v? h?i ch?ng Stevens-Johnson cho b?nh nh□ tr??c khi ch? ??nh carbamazepin ?? ?i?u tr?. T□ li?u tham kh?o 1. Nguy?n Qu?c Anh, Ng□Qu□ Ch□ (2011), H??ng d?n ch?n ?o□ v□?i?u tr? b?nh N?i khoa, Nh□xu?t b?n Y h?c. Tr 771-773. 2. B? Y t? (2009), D??c th? Qu?c gia Vi?t Nam. Chuy□ lu?n carbamazepin. 2009. 3. Thomson Reuters Healthcare. Micromedex 2.0. Monograph Carbamazepine, accessed on 14th April, 2012. 4. J.K. Aronson, Meyler's Side Effects of Drugs. 15th Edition, p. 283. 5. U.S. Food and Drugs Administration. Information for healthcare professionals: dangerous or even fatal skin reactions□carbamazepine (marketed as Carbatrol, Equetro, Tegretol, and generics) (issued 12th December, 2007). 6. Nguy?n V?n ?o□ (2011), D? ?ng thu?c, Nh□xu?t b?n Y h?c. Tr 203-207.